*Schedule Subject to Change*

**Conference Day 1 - November 14, 2019**

**Hotel Check-In**
2:00 p.m. to 5:30 p.m.

**Conference Check-in**
5:00 p.m. to 6:00 p.m.
HCCC Culinary Conference Center
Scott Ring Room - Second Floor
161 Newkirk Street
Jersey City, NJ 07306

**Conference Welcome/Opening Session**
6:00 p.m. to 6:30 p.m.
Drs. Christopher Irving & Judith Springer
Scott Ring Room - Second Floor

**Session Block I: General Session**
6:30 p.m. to 7:30 p.m.

Opening Workshop: Welcome to the NSLDC EXPERIENCE
Presenters: Ayannah Johnson, M.A. & Jose L. Posos, M.Ed.
Location: Scott Ring Room

Stories are powerful. Sharing stories is foundational to the building of community. In this workshop, participants will experience an illuminating approach to communicating with each other about the multiple aspects of identity, while being listened to with compassion and respect. Not only will the participants learn about each other’s diverse backgrounds and experiences, but they will also have the opportunity to build relationships based on universal feelings and their common humanity. This activity will be the foundation for the conference experience, which focuses on the many identities that we all may or may not have in common.
Conference Day 2 – November 15, 2019
(Wear Your NSLDC T-Shirt Day)

Continental Breakfast
8:15 a.m. to 9:15 a.m.
HCCC Culinary Conference Center
Banquet Room

Session Block II
9:30 a.m. to 10:45 a.m.

Session A: Beginner
Workshop Title: Leading from The Passenger Seat
Presenter: Linnita Hosten
Location: Rooms 214-215 – 2nd Floor
Yes, you're the leader of the troop, but do you have to act like it? Of course, you do. The real question is---how? How should a leader display healthy and inclusive leadership? The answer from the "Passenger Seat." The seat in which you lead-it matters. Learn the three traits of passenger-centered teams and how seat positioning infectiously impacts and influences those you lead in your organization.

Session B: Intermediate-Advanced
Workshop Title: Gender and Gender Identity within Marginalized Communities
Presenter: Ayannah Johnson, M.Ed.
Location: Banquet Room – 1st Floor
In this very interactive workshop, participants will learn about a variety of gender-related issues and will have a chance to truly understand the challenges and benefits of their own and others’ genders. Student leaders will be asked to examine their roles on campus and how they can be useful allies for gender equality. This timely and essential workshop will also explore and clarify the topic of gender in all its complexity within the context of a college campus.

Session C: Advanced
Workshop Title: Bad Boys: Toxic Masculinity and its Effects on Everyone
Presenters: Dr. Christopher Irving and Jose Luis Posos, M.Ed., LPC
Location: Scott Ring Room – 2nd Floor
In this highly engaging session, the presenters will examine the history, pathology, and practical impact of the levels of toxicity in male identity development. Participants will explore the early messages those who identify as men receive and the potential impact on how males treat women and other men. After this workshop, all participants will walk away with strategies that both men and women can implement on their campus to hold men more accountable for their actions and support environments the counteract the stereotypical messages that exist in our communities around what it is to "be a man."
Session D: Intermediate
Workshop Title: The Strength of Our Stories
Presenter: Dr. Vicky Goodin
Location: Follett Lounge – 5th Floor
“We are all storytellers. We all live in a network of stories. There isn’t a stronger connection between people than storytelling.” - Jimmy Neil Smith. Your story is as personal and unique as you...but your story is what connects you to others. Participants will have an opportunity to share and connect and learn about their interconnectedness in our world through personal narratives.

Session Block: III
11:00 a.m. to 12:00 p.m.

Discussion Group: Group A
Room: Scott Ring Room
The Cultural Biography
This small group offers participants a chance to further explore their multiple individual identities with trained small group facilitators.

Student Round Table Discussions: Group B
Room: Banquet Room
Current Hot-Button Issues on Campus Relating to Social Justice

Lunch on Your Own
12:00 p.m. to 1:30 p.m.

Session Block IV
1:45 p.m. to 3:00 p.m.

Session A: Intermediate
Workshop Title: The Identity Compass
Presenters: Drs. Rita Johnson and Judith Springer
Location: Banquet Room
Identity, the way we see ourselves concerning those around us, is comprised of many traits and social roles, chosen and unchosen, visible, and invisible. Identity can be the source of our most exceptional pride and the site of our greatest vulnerability. The most painful emotional attacks are the ones that are aimed at who we are. In this thought-provoking workshop, participants will have the opportunity to consider the impact of multiple aspects of their own identities and share their stories with others engaged in the same process of discovery.

Session B: Intermediate
Workshop Title: Classism: An Often Overlooked “ism” in Higher Education
Presenter: Jose Luis Posos, M.Ed, LPC
Location: Scott Ring Room
One of the most prevalent issues on college campuses that is seldom discussed by students and
administrators is classism in higher education. Talking about class is uncomfortable for people, and that makes it challenging to address the disparities that occur daily on our campus. Through this workshop, participants will become aware of the effects of classism and begin to explore how to address it on their campuses.

Session C: Intermediate-Advanced
Workshop Title: Dismantling our Unhealthy Relationship with “I’m Sorry”
Presenter: Ayannah Johnson, M. A.
Location: Rooms 214-215
We often say some variation of "sorry" for trivial and unnecessary reasons. This can undermine our efficacy as leaders, advocates, and activists. The overuse and misuse of "sorry" can also result in minimizing others' confidence in our ideas and abilities. Often, those in positions of privilege are less likely to apologize, even when it is appropriate. In this session, we will explore the appropriate use of the words and how to evaluate when to truly apologize. It is not about changing who you are instead it is about being intentional in how we show up.

Session D: Advisors Session
Workshop Title: There is No “I” in Team
Presenter: Dr. Vicky Goodin
Location: Follett Lounge – 5th Floor
You are only as strong as your weakest link. The more you understand about the various personalities in your organization, the more successful you will be. While there may be no "I" in team, understanding yourself can be the key to your success in your organization! Participants will take a personality inventory that will help them know how they operate in a team and how to use that information to build a better team.

Session Block: V
3:15 p.m. to 4:15 p.m.

Discussion Group: Group B
Room: Scott Ring Room
Activity: The Cultural Biography
This small group offers participants a chance to further explore their multiple identities with trained small group facilitators.

Student Round Table Discussions: Group A
Room: Banquet Room
Current Hot-Button Issues on Campus Relating to Social Justice
Conference Day 3 – November 16, 2019
(Wear Your Campus T-Shirt Day)

Continental Breakfast/Roll Call
8:00 a.m. to 8:45 a.m.

Session Block: VI
9:00 a.m. to 10:15 a.m.

Discussion Group: Group A
Family Influence on Race & Identity
Room: Scott Ring Room
The same small groups will meet again to build on their previous conversations. This session, uniquely and engagingly, focuses on the influence and impact of our families on our identities.

Student Round Table Discussions: Group B
Room: Banquet Room
Current Programs and Services that WORK on Campus

Session Block VII
10:30 a.m. to 11:45 a.m.

Session A: Intermediate-Advanced
Workshop Title: You Are a Change Agent
Presenter: Shantae J. Edwards
Location: Banquet Room – 1st Floor
During this empowering experience, Shantae J. guides students to identify what impact looks like when they use their voice to foster change. This workshop will allow students to gain a better sense of self and understand the power and skill sets they have to make change possible. Students will identify things that matter to them and discuss ways they can use their passions to create change. Space will be provided for students to design a few ways they will impact their schools.

Session B: Intermediate-Advanced
Workshop Title: Navigating Academia in Predominantly White Colleges and Universities: A Guide to Equip First Generation Students of Color to Thrive in Higher Education
Presenter: Krystal Cruz
Location: Scott Ring Room – 2nd Floor
Drawing upon experiential and academic knowledge, this session serves to provide strategies for first-generation students of color (SOC) to navigate predominantly white academic institutions. Experiential knowledge will center on the intersectionality of race, class, gender, and ability, aiming to share lived experiences to illuminate differing trajectories of success. Strategies include mentorship, mental health-seeking behavior, identity-based student group campus spaces, safe and inclusive spaces, and bias incident reporting systems
Session C: Beginner
Workshop: Did that just happen because I'm...?: Microaggressions and their toll.
Presenter: Dr. LaShauna Dean
Location: Rooms 214-215 – 2nd Floor
Participants will learn and explore what microaggressions are, understand the various types of microaggressions, and discuss the impact of microaggressions. Participants will also explore ways to deal with microaggressions as the intended victim or as a bystander.

Session D: Advisor Session
Workshop Title: From a Mess to a Yes!
Presenter: Dr. Vicky Goodin
Location: Room 505 – 5th Floor
Have you ever felt that you were between a rock and a hard place at work when your students wanted to do something that your campus administration did not support? Have you ever been conflicted with the job of Advisor versus Administrator? Have your students ever questioned whose team you were on? The interactive “Advisor Only” session will address those times when it’s hard to balance the many roles that we have and the many hats that we wear. This workshop utilizes a balance of engaging lecture format and interactive small group activities that are self-reflective, thought-provoking, and oriented towards skill-building.

Lunch On Your Own
11:45 a.m. to 1:00 p.m.

Session Block VIII
1:00 p.m. to 2:15 p.m.

Discussion Group: Group B
Room: Scott Ring Room
Family Influence on Race & Identity The same small groups will meet again to build on their previous conversations. This session, uniquely and engagingly, focuses on the influence and impact of our families on our identities.

Student Round Table Discussions: Group A
Room: Banquet Room
Current Programs and Services that WORK on Campus

Session Block IX
2:30 p.m. to 3:30 p.m.

Session A: Intermediate
Workshop Title: Lobby for your Cause
Presenter: Ernest Robinson
Location: Room 505 – 5th Floor
In this workshop, Mr. Robinson will teach key techniques to make your organization's advocacy efforts more sophisticated and impactful. You’ll receive tangible, real-world tools that your organization can immediately use to create the changes you want to see on your campus and in your community.

Session B: Intermediate
Workshop Title: No More Drama: Using Restorative Practices in Social Justice Work
Presenters: Drs. Christopher C. Irving and Rita Johnson
Location: Banquet Room – 1st Floor
Conflict is an inevitable consequence when diverse and charismatic leaders are brought together for a common goal. However, how these leaders deal with those conflicts can determine how effectively the group will operate. This workshop is geared towards empowering participants with effective restorative practice skills that they can use to help facilitate difficult conversations, meetings, or events. Furthermore, attendees of this workshop will leave the session having explored their own comfort level with various dimensions of diversity that might be landmines for conflict.

Session C: Intermediate
Workshop Title: Who will take care of the activist? Activist Burnout and Self Care
Presenter: Dr. LaShauna Dean
Location: Room 214-215 – 2nd floor
This presentation will explore and define burnout for those who are involved in social justice advocacy work. Signs and symptoms of activist burnout will be discussed. Participants will learn self-care strategies to overcome activist burnout.

Session D: Advanced
Workshop Title: White Racial Justice Activists: When to Step Back; How to Show Up (Part I)
Presenters: Drs. Judith Springer and Mike Likier
Location: Scott Ring Room – 2nd Floor
For the past several years, we have seen a frightening resurgence of overt and hateful white supremacy in our country. At the same time, the role of white activists in anti-racism work is changing, as people of color rightfully reclaim leadership. So what can and should white activists do to most effectively contribute to the fight against racism? This highly interactive and thought-provoking set of workshops provides an opportunity to address this very important question. (All are welcome to attend this session)

In Part I, we will:
1. Take a honest look inside at our own internalized messages about race
2. Examine what it means to be white and to have the unearned advantages and benefits that come with whiteness in our society.
3. Briefly explore the historic and legal foundations of white supremacy and white privilege in the United States
Session Block X
3:45 p.m. to 4:45 p.m.

Session A: Intermediate
Workshop Title: Race in America: How It Affects Student Life
Presenter: Josh Dodds
Location: Rooms 214-215 – 2nd Floor
Race and issues of social justice are at the forefront of our lives. This is a topic we can no longer ignore. It’s on our social media outlets, our televisions, and trickles into our classrooms. This open discussion is designed to have a necessary dialogue about race in America and how it affects our students on and off-campus.

Session B: Intermediate
Workshop Title: Building Inclusive Communities for LGBTQ+ Students
Presenter: Amanda Del Guidio
Location: Banquet Room – 1st Floor
This introductory session is a great beginning to learning about supporting people who identify within the LGBTQ+ community. Whether you identify as LGBTQ+ person and want to learn how to support folks of all identities within the community, or whether you do not identify as LGBTQ+ but want to learn how to be the best ally you can be, we will discuss how to begin your journey as an advocate. During this interactive session, we will outline the difference between assigned sex at birth, gender identity, gender expression and sexual orientation. We will examine our previous experiences learning about LGBTQ+ identities and assess what we would like to learn more about in the future. We will also learn more about coming out, LGBTQ+ labels and terminology, pronouns, as well as some LGBTQ+ current events and issues that are prevalent today.

Session C: Advanced
Workshop Title: White Racial Justice Activists: When to Step Back; How to Show Up (Part II)
Presenters: Drs. Judith Springer and Mike Likier
Location: Scott Ring Room – 2nd Floor
For the past several years, we have seen a frightening resurgence of overt and hateful white supremacy in our country. At the same time, the role of white activists in anti-racism work is changing, as people of color rightfully reclaim leadership. So what can and should white activists do to most effectively contribute to the fight against racism? This highly interactive and thought-provoking set of workshops provides an opportunity to address this very important question. (All are welcome to attend this session) In Part II, we will:

1. Reach an experiential understanding of the experiences of marginalized people.
2. Look at some group level behaviors that many white folks use to avoid dealing with race and racism and then look at our own patterns of behavior.
3. Understanding the need for accountability for white activists in racial justice work.
4. Consider our own spheres of influence and ways we can apply our commitment to racial justice.

Session D: Informational/Beginner
Workshop Title: Changing Live the World Over
Presenter: DuVale Riley
Location: Room 505 – 5th Floor

The Peace Corps is a service opportunity for motivated changemakers to immerse themselves in a community abroad, working side by side with local leaders to tackle the most pressing challenges of our generation. Serving in the Peace Corps is a great way to immerse yourself in a new culture, learn a new language, and have the experience of a lifetime. Join us at this information session to learn about Volunteer experiences, ask questions about service, and gain tips to guide you through the application process.

Advisors Reception (Free Reception for ALL Advisors/Professionals)
6:30 p.m. to 8:00 p.m.
Location: VB3 475 Washington Boulevard Jersey City, NJ
Conference Day 4 – November 17, 2019

Continental Breakfast/Roll Call
9:00 a.m. to 10:00 a.m.

Session Block X: General Session
10:00 a.m. to 11:30 a.m.

Session A: Intermediate
Workshop Title: Campus Action Plan & Town Hall Meeting
Presenter: Jose L. Posos, M.Ed., LPC and Dr. Christopher Irving
Location: Banquet Room – 1st Floor
In the culminating activity of NSLDC 2019, students and advisors will meet in their campus groups, select the first campus issue they plan to address when they return to school and brainstorm action steps to begin to implement their plan. Campus groups will present their action plans to each other to permit sharing of ideas across campuses.

11:30 a.m. to 12:00 p.m.
Conference Closing, Evaluation, & Raffle
Location: Banquet Room
NYC PATH System
Leave: Pavonia/Newport (DoubleTree & Courtyard)
Arrive: Journal Square (Hudson County College)
http://www.panynj.gov/path/

<table>
<thead>
<tr>
<th>Fare Option</th>
<th>Price</th>
<th>Price Per Ride</th>
</tr>
</thead>
<tbody>
<tr>
<td>1-trip SmartLink* /PATH SingleRide</td>
<td>$2.75</td>
<td>$2.75</td>
</tr>
<tr>
<td>Ticket* / Pay-Per-Ride MetroCard*</td>
<td></td>
<td></td>
</tr>
<tr>
<td>PATH 2-trip MetroCard**</td>
<td>$5.50</td>
<td>$2.75</td>
</tr>
<tr>
<td>10-trip - SmartLink / SmartLink Gray</td>
<td>$21.00</td>
<td>$2.10</td>
</tr>
<tr>
<td>20-trip - SmartLink / SmartLink Gray</td>
<td>$42.00</td>
<td>$2.10</td>
</tr>
<tr>
<td>SmartLink 1-day pass-unlimited*** for 1 day</td>
<td>$8.25</td>
<td>N/A</td>
</tr>
<tr>
<td>SmartLink 7-day pass - unlimited*** for 7 days</td>
<td>$29.00</td>
<td>N/A</td>
</tr>
</tbody>
</table>